



Community Network Monthly Meeting & NETWORKING

Tuesday September 12, 2017, 1:00 – 3:00 PM
Fraser Room, Maple Ridge Library

Minutes

Attendees: Kim Abram (ISS of BC), Brenna Ayliffe (Fraser Health), Patrick Cullen (City of Maple Ridge), Mark Dewitt (Coast Mental Health), Jenny Earley (Family Ed), Roger Ekman (MCFD), Gail Finnon (RMACL), Richelle Foulkes (Fraser Health), Petra Frederick (City of Maple Ridge), Liz Haight (Coast Mental Health), Dennis Hemminger (Youth Unlimited), Susanne Lamb (RMHS), Christine MacIntosh (FRANAS), Colette Madsen (Community Services), Karen McGregor (Act 2), Dorota Michalska (Fraser Health), Holly Murton (Kiwanis), Roberta O'Brien (RMCCT), Sean Russell (NCCABC), Sylvia Russell (SD42), Bev Schmahmann (RMSS), Kathryn Sim (Coordinator), Colene Thompson (Chair), Heather Treleaven (Seniors Network), Sharolyn Wandzura (Ears Forward Coaching), William Waterhouse (FRANAS), Lindsay Willis (RMHS), Elaine Yamamoto (The Hive)

Regrets: Vicki Kipps, Sherri Skerratt, Kate Makarow for Lisa Beare

1. Welcome

2. Agenda Approval – September 12, 2017 – *adopted*

3. Adoption of June 13, 2017 Minutes – *approved*

4. Toonie Tuesday Community Chest Fundraiser: collected \$38.30

5. **Presentation:** Marika Sandrelli, Knowledge Exchange & Regional Trauma Informed Practice Leader, Mental Health & Substance Use Services, Fraser Health

- See attached Powerpoint Presentation

6. Roundtable

Brenna Ayliffe (Fraser Health)

- MR and PM were successful recipients of physical activity grants, watch for forthcoming programming
- The Opioid Overdose Response Task Group has secured funding for an innovative form of dialogue: photo voice project; watch for more information coming soon!

Dorota Michalska (Fraser Health)

- Immunization of grade 6 boys and girls in Oct (this is the first year for HPV vaccination for boys)

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Gail Finson (Ridge Meadows Association for Community living)

- Always looking for jobs for her job seekers – full time, part time, temporary
- Annual Community Inclusion BBQ is on Oct 4th at the Greg Moore Youth Centre
 - See www.lastcommittee.org for more information
 - Everyone is welcome

Collette Madsen (MRPM Community Services)

- Youth Restorative Justice fundraiser is on September 30th
 - See www.comservice.bc.ca for more information

Petra Frederick (City of Maple Ridge, Parks, Recreation & Culture)

- There is a pending lengthy shut down of the leisure centre
 - 12-13 months to rebuild the aquatics & changerooms
 - The proposed closure date is Jan 28, but this is not confirmed

Heather Treleaven (Seniors Network)

- Upcoming events:
 - Building managers and landlords workshop
 - Seniors emergency preparedness event
 - Grief and loss seminars in both Maple Ridge and Pitt Meadows
 - Seniors resource fair (in partnership with Dan Ruimy)

Elaine Yamamoto (The Hive & Community Literacy)

- HIVE: in partnership with the school principal, a portable has been brought in for Strong Start space
 - bookings are available between noon and 2pm, and evenings there is access to a kitchen
 - Contact Elaine for further information or to book
 - A family food skills program starts on Oct 10th
- Community literacy
 - Rebuilding the task group, let Elaine know if you're interested
 - There are still some children's intermediate-level books available (age 10+) to kids of low income families

Jenny

- The Charity Night Out fundraiser on 224th is on Sept 23rd
 - 10% of sales from participating stores comes to Family Ed
- Funding has been received for a Caring Dads program
 - 17 wks for dads engaged in abusive relationships, where kids haven't yet been removed from the home
- Funding has been received for another Connect Parent program
 - encourages positive communication between parents and teens

William Waterhouse (FRANAS)

- In the last 12 wks they have already placed 6 people in permanent housing
- Looking for more clients; if you know of someone who is homeless and self-identifies as Aboriginal, please contact William

Sheroly Wandzura (Ears Forward Coaching)

- Looking forward to partnering with others CN members
- See www.earsforward.com for more information

Roger Ekman (MCFD)

- Offering a Connect Parent group for foster parents in January
 - Please let Roger know if you know of foster parents who may be interested
 - Focus is on attachment with pre-teens and teens
- Child & Youth Mental Health
 - Mandated to focus on severe mental health
 - Have an opportunity to hire two clinicians to focus on mild to moderate outreach
 - spread the word to potential applicants please

Kim Abram (Immigrant Services Society of BC)

- Over the summer ISS of BC partnered with library and LIPs on a multicultural hub positioned at the Maple Ridge Library's front door
 - It is traditionally difficult to get the word out that ISS of BC exists, the Hub is helping
 - ISS of BC will cover shifts on Thursdays in Sept and Oct
- Funding was secured for mid- to higher-level LINC classes
 - Right now there are 3 classes offered; this will double by mid-October, AND will include evening classes

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- Summer employment workshops had a good response
- Hosting a volunteer recognition event on Sept 18
- In need of housing! – there are two Syrian families coming to Maple Ridge; a family of 7 is in need of housing
- Participating in the Walk of Reconciliation on Sept 24

Christine MacIntosh (FRANAS)

- More affordable housing is needed; we need to take action – the recent renovations are impacting this
- For the last week of Sept, please consider wearing an orange shirt to recognize survivors of residential schools
 - let Christine know if you want orange shirts
- Grant request was submitted re permanency work, keeping kids in care connected as they age out
- Receiving money in Oct and looking for affordable space for family gatherings;
 - Everyone is welcome
 - Will introduce a medicine wheel to start off
- Offering a 6 week course, Finding Your Gift, for adults (with childcare)
- Developing a resource fair later in the season

Dennis Hemminger (Youth Unlimited)

- YU is serving hot breakfasts to almost 700 high school students!
- They also support youth workers and counsellors at schools

Patrick Cullen (City of Maple Ridge)

- First timer
- Here's what we do:
 - train staff to respond to disasters
 - offer public education re disaster preparedness
 - run a volunteer program – emerg support services

Bev Schmahmann (Ridge Meadows Seniors Society)

- Received a New Horizons grant and have been out in the community for 4 months, looking for isolated seniors to introduce to the activity centre and supports available there
 - The initiative culminates on Nov 14 with an all-day forum
 - Tickets are \$6

Liz Haight (Coast Mental Health)

- CMH now operates Alouette Heights
 - There have been recent cosmetic/security changes in the building, which are almost complete
 - Outreach received rental subsidies to help assist with high market rents; they are focussing on supporting current AH residents who are ready, and their guests, to move out of transitional housing
 - They are also using these funds to support those affected by the recent renovations

Roberta O'Brien (Ridge Meadows Community Children's Table)

- We've moved! In Webster's Corner now
 - Still setting up the new space, hope to be up and running by mid-Oct
 - Running some programming out of the Strong Start space, during opposite hours; 4 mornings a week and 1 afternoon (wed)
- A new strategic plan for RMCCT will be ready this Fall
- Hosting events in February
 - Dr Michael Gabor & Chris Roland will be presenting
 - More information will be forthcoming

Holly Murton (Kiwaniis Club of Golden Ears)

- Spent the last 10 days supporting Push for Change
 - The final event is a walk in East Vancouver at the end of Sept
 - All youth are welcome
- Supported the recent Help Portrait scavenger hunt
 - Very successful
 - 16 teams participated this year
 - Doing it again in 2018
- Supported the North Fraser Therapeutic Riding Association's recent Thank-You lunch
- Supporting the Community Inclusion BBQ on Oct 4
 - Expect 300-400 people
- Eric Langton school hosted a meet and greet for parents/students and the people who provide services in their community;
 - More schools should be doing this!
- PM Secondary breakfast club kicks off next Tuesday
 - Will serve approx. 100 kids every day
- Glenwood hot lunches start next week

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- Funny for Money is on October 21, raising funds for school essentials like school, book and backpacks for kids in Nepal
 - Watch for a poster arriving through the CN distribution list soon (and on Facebook)
 - They have already sent \$3000+ to kids in Nepal

Sylvia Russell (SD42)

- They've been reorganizing the school district on the fly – sorry to those who've been affected!
- 50 new kindergarteners who weren't registered, showed up! This is highly unusual! This year, Kindergarten is bigger than it has been in 20 yrs
- 200 new employees have started – 150+ new teachers & 40 support staff
- Go to the SD42 website for program info, there have been so many changes
- Sherri Skerratt has a Keeping Kids in School team working with MCYD & mental health
 - Hoping to open program for highly anxious and depressed kids in October-ish
 - Seeing a high number of kids having difficulty attending school

Karen McGregor (Act 2 Child & Family Services)

- Hired 2 new counsellors
 - Have decreased their wait list by half already

7. Community Network Updates and Facilitators' Reports

- The next CN meeting will be our annual CN Committee presentations, don't miss it!
- CN representatives met with our new MLAs and their staff; we're building a strong working relationship and expect to be included in the conversation about emergency shelter this time around
- CN Meeting presentations - if you'd like to present at a CN meeting, or know of someone who would be great to put in front of our members, email the CN Coordinator at info@resourceyourcommunity.com.
- Community Superhero volunteers - do you have access to a youth group who might be interested in volunteering as Community Superheroes? Email the CN Coordinator at info@resourceyourcommunity.com

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- 8. Next CN Meeting:** October 10 @ 1 – 3 PM Fraser Room, Maple Ridge Library.
We'll be listening to Committee presentations and learning about what's happened over the last year and what's to come! Don't miss this meeting!!